



## Nut Milk

1/2 c. chopped cashews or almonds or any un-roasted nut

2 c. warm water

1 tsp. honey

dash of vanilla

1/8 tsp. salt

1/8 tsp. xanthan gum

Process all ingredients in a blender until very smooth. Strain through cheesecloth-lined colander and refrigerate in an airtight container for up to 3 days. Makes about 2 cups.

