



## Fruity chicken salad

- 1 package raw spinach
- 1 fresh sliced mango
- 1 package fresh sliced strawberries
- 2 c. halved red grapes
- 2 sliced avocados
- 1/4 sliced red onion
- 2 c. organic chicken, cooked and seasoned with olive oil and salt
- 1 lime
- sea salt

While slicing up mangoes, squeeze a few slices until you have 1 Tbsp. of mango juice per serving of salad. Slice up chicken and cook until done. Top a bed of spinach with sliced mangoes, sliced strawberries, halved red grapes, sliced red onion, sliced avocado, and chicken. Drizzle salad with juice from your fresh lime and your mango. Salt to desired taste. For extra protein, add raw almond slices.

