



## Chili

- 2-3 lbs ground beef (ground turkey also may work)
- 1-2 cans dark red kidney beans
- 1 yellow onion
- 1 lg can crushed tomatoes
- 1 lg can diced tomatoes
- 1 lg can tomato puree (sauce)
- 1 12 oz can tomato paste
- 1 Tbsp basil
- 1 Tbsp oregano
- 1/3 jar of chili powder
- 2 tsp onion powder
- 2 tsp garlic powder

Add water to desired thickness Add salt to taste Brown beef. Drain fat. Then just start adding ingredients to a large saucepan. Dice the onion and sauté in olive oil until soft. Add to chili mixture. Simmer and add additional chili powder until desired spiciness. It should almost fill a 5 qt pan. This will provide a lot of leftovers. (Also cooks well in a slow cooker!)

