



Apple or Pear Pie

4 c. peeled, cored, and sliced apples or pears
1/2 tsp. cinnamon
2 to 2 1/2 Tbsp. tapioca
2 Tbsp. oil
1/2 to 3/4 c. unsweetened pineapple juice concentrate or unsweetened apple juice concentrate
1 9" pie shell (see oatmeal crust recipe)

Preheat oven to 350 degrees. In a large bowl, stir together fruit, cinnamon, tapioca, oil, and concentrate; allow mixture to sit for 10 minutes. Pour mixture into pie shell and add topping or crust of choice. Bake 1 hour or until topping or crust is golden. Remove pie from oven and place on a wire rack to cool. Serve warm or cold. To store, place cooled pie uncovered in refrigerator or place in an airtight container and freeze.

